## THE MULTIPLE INTELLIGENCE QUIZ

Estimated time required: 20 minutes

For each of the statements below, choose a number between 1 and 5 to rate how the statement describes you.

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### Verbal/Linguistic
- I can use lots of different words to express myself.
- I feel comfortable working with language and words.
- I enjoy crosswords and other word games like Scrabble.
- I tend to remember things exactly as they are said to me.
- I enjoy participating in debates and/or discussions.
- I find it easy to explain things to others.
- I enjoy keeping a written journal and/or writing stories and articles.
- I like to read a lot.

### Logical/Mathematical
- I work best in an organised work area.
- I enjoy maths and using numbers.
- I keep a ‘things to do’ list.
- I enjoy playing brain teasers and logic puzzles.
- I like to ask ‘why’ questions.
- I work best when I have a day planner or timetable.
- I quickly grasp cause and effect relationships.
- I always do things one step at a time.

### Visual/Spatial
- I understand colour combinations and what colours work well together.
- I enjoy solving jigsaw, maze and/or other visual puzzles.
- I read charts and maps easily.
- I have a good sense of direction.
- I like to watch the scenes and activities in movies.
- I am observant. I often see things that others miss.
- I can anticipate the moves and consequences in a game plan (i.e., hockey sense, chess sense).
- I can picture scenes in my head when I remember things.

### Interpersonal
- I can sense the moods and feelings of others.
- I work best when interacting with people.
- I enjoy team sports rather than individual sports.
- I can sort out arguments between friends.
- I prefer group activities rather than ones I do alone.
- I enjoy learning about different cultures.
- I enjoy social events like parties.
- I enjoy sharing my ideas and feelings with others.

### Naturalistic
- Pollution makes me angry.
- I notice similarities and differences in trees, flowers and other things in nature.
- I feel very strongly about protecting the environment.
- I enjoy watching nature programs on television.
- I engage in ‘clean-up days’.
- I like planting and caring for a garden.
- I enjoy fishing, bushwalking and bird-watching.
- When I leave school, I hope to work with plants and animals.
**Body/Kinesthetic**
- I like to move, tap or fidget when sitting.
- I enjoy participating in active sports.
- I am curious as to how things feel and I tend to touch objects and examine their texture.
- I am well co-ordinated.
- I like working with my hands.
- I prefer to be physically involved rather than sitting and watching.
- I understand best by doing (i.e. touching, moving and interacting).
- I like to think through problems while I walk or run.

**Intrapersonal**
- I know myself well.
- I have a few close friends.
- I have strong opinions about controversial issues.
- I work best when the activity is self-paced.
- I am not easily influenced by other people.
- I have a good understanding of my feelings and how I will react to situations.
- I often raise questions concerning values and beliefs.
- I enjoy working on my own.

**TOTAL**

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**Multiple Intelligence Graph**

for ________________________________

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<th>40</th>
<th>36</th>
<th>32</th>
<th>28</th>
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